

Support from Birth to 11 months



Personal, Social and Emotional Development

Making relationships

- ❖ Let me copy the movements you make with your face, like when you open and close your mouth or open and shut your eyes.

Self-confidence and self-awareness

- ❖ Give me one of my favourite toys, the packet of wipes or a clean nappy to hold when you are changing me.

Managing feelings and behaviour

- ❖ Tickle my feet.
- ❖ Let me see your face and hear your voice when I am grumpy, tired, or hungry.

Communication and Language

Listening and attention

- ❖ Play "peek a boo" games with me. Use your hands or a scarf to hide your face.
- ❖ Sing a song or rhyme as you rock or hug me.

Understanding

- ❖ Tell me what you are doing as you are changing my nappy or getting me dressed.

Speaking

- ❖ Have a chat with me by copying my sounds and babbling.



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Physical Development

Moving and handling

- ❖ Put me on my tummy or back, on a soft mat or blanket, and let me kick my legs.
- ❖ Cover my legs with a crinkly blanket or piece of light, soft material so that I can kick it off.
- ❖ Put my favourite toys by me so that I can reach out and touch them or try to hold them.

Health and self-care

- ❖ Stroke my cheeks or pat my back as you talk to me.

Mathematics

Numbers

- ❖ Hold my hands and help me to clap in time as you sing songs to me.
- ❖ Sing counting rhymes with me like "Five Little Men in a Flying Saucer" or "1,2,3,4,5 Once I Caught a Fish Alive".

Shape, space, and measure

- ❖ I need to play with things and find out what I can do with my hands, feet, and body. Let me have my favourite things around me.

Literacy

Reading

- ❖ Share board books or cloth books with me



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Expressive Arts and Design

Exploring and using media and materials

- ❖ I need to explore lots of different things to find out what I can do with them. Let me make a mess!

Being imaginative

- ❖ I need to hear words and learn to use them. Speak to me!

Understanding the World

People and communities

- ❖ I need to develop relationships with grown-ups. Introduce me to lots of different people!

The world

- ❖ Let me hold your finger or scarf.
- ❖ Let me play with toys that make other noises.
- ❖ Let me look in mirrors!