



Support from 30 to 50 months

Personal, Social and Emotional Development

Making relationships

- ❖ Let me build things with my friends using big cardboard boxes and pieces of fabric.

Self-confidence and self-awareness

- ❖ Let me help you match the socks together.

Managing feelings and behaviour

- ❖ Let me dress up and pretend to be a nurse, doctor, firefighter, mum, or dad.
- ❖ Explain to me why I cannot do things like run around the supermarket.

Communication and Language

Listening and attention

- ❖ Play listening games with me like "Simon Says..." Where I must copy an action or "Ready, steady, go!" Where I must wait to push the ball or car.
- ❖ Make up silly sentences with me where each word begins with the same sound as at the start of my name.

Understanding

- ❖ When I am helping you to make the lunch, ask me questions like "What do I need to cut the apple?" or "What do I need to pour your milk /water into?" so that I can find you the thing we need.
- ❖ When we are tidying up, give me simple instructions like "Put your shoes in the basket" or "Put the remote control on the sofa."

Speaking

- ❖ Talk to me about things we did or places that we went to yesterday.



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Physical Development

Moving and handling

- ❖ Let me practice using children's scissors to cut dough, cooked spaghetti, or paper.
- ❖ Make an obstacle course in the park or garden where I must run around benches or chairs, crawl under a blanket and crawl through a cardboard box.

Health and self-care

- ❖ Make sure I brush my teeth twice a day.