



Support from 8 to 20 months

Personal, Social and Emotional Development

Making relationships

- ❖ Share photos of special grown-ups with me.
- ❖ Let me meet special grown-ups. Tell me their names.

Self-confidence and self-awareness

- ❖ Let me look in a mirror. Point to me and tell me that it is me in the mirror. Point to my nose, arms and legs and tell me what they are.

Managing feelings and behaviour

- ❖ Let me get my comforter or a special toy when I am feeling sad or tired.

Communication and Language

Listening and attention

- ❖ Share stories with me at bedtime or when we are snuggled up on the sofa.
- ❖ Sing songs to me when you are getting me dressed or changing my nappy.

Understanding

- ❖ Hold my hands to help me make the actions as you sing songs.

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Speaking

- ❖ Tell me the names of things as I pick them up to explore.

Physical Development

Moving and handling

- ❖ Let me splash my hands and kick my feet in the bath.
- ❖ Give me a doll's buggy or trundle trike to push.
- ❖ Put my favourite toys on the floor so that I can crawl or bottom shuffle to them. Move them further away, so give me a small challenge.
- ❖ Let me lift the flaps in a board book and share my excitement in what is behind the flap! Give me dough to squeeze or squash it with my hands or poke it with my fingers.
- ❖ At feeding, changing, or bath times, share finger play songs with me like "Round and round the garden".

Health and self-care

- ❖ Let me use my fingers to help me feed myself.
- ❖ Let me try and use a spoon to eat my food with

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